

International Association of Counseling Hypnotherapists

Minutes of the June 12th, 2010 Annual General Meeting

The seventh annual general meeting of the International Association of Counseling Hypnotherapist was called to order on June 12th, 2010 at 10:15 a.m. at the Coast Plaza Hotel, Vancouver, BC.

President Sheldon Bilsker thanked the board members for their diligent work and welcomed the members who were able to participate in the meeting. He reported that there are approximately sixty members in our Association. A brief introduction of members followed.

A motion to adopt the agenda was moved, seconded and carried.

Mover: Carol Keane

Secunder: Tyler Gjernes

The minutes of the previous annual general meeting were moved, seconded and carried.

Mover: Diane Auld

Secunder: Tyler Gjernes

Reports from the Board of Directors:

President's Report:

Sheldon Bilsker reported feedback from members who are struggling both in promoting their practices as well as in generating income. The Orca Institute will assist in promoting its students and Sheldon urged the IACH to consider increasing membership support and he suggested that our Association may better service its' members in web site support rather than hiring workshop speakers.

Tyler raised the possibility of members knowledge sharing through our web-site.

A motion to adopt the President's Report was moved, seconded and carried.

Mover: Diane Auld

Secunder: Ginger Titchener

Vice-President's Report:

Tyler Gjernes reported that his work, in general, has been to assist our President as requested such as organizing our annual general meeting and hotel arrangements.

A motion to adopt the President's Report was moved, seconded and carried.

Mover: Diane Auld

Secunder: Ginger Titchener

Standards Committee Report:

Sheldon Bilsker reported on behalf of Joanna Komorowska. He stated that the membership numbers have been stable over the last year.

A motion to adopt the Standards Committee's Report was moved, seconded and carried.

Mover: Diane Auld

Secunder: Faye Huxtable

Treasurer's Report:

Sheldon Bilsker reported on behalf of our treasurer, Theresa Dupuis. The treasurer's reports can be accessed in the IACH's Newsletter.

A motion to adopt the Treasurer's Report was moved, seconded and carried.

Mover: Tyler Gjernes

Secunder: Faye Huxtable

Newsletter Editor's Report:

Diane Auld reported that more articles for IACH's Newsletters are required. Members were encouraged to submit articles, which will often be kept to use when there is a theme for an issue. Photos, quotes, poetry and therapeutic statements were also requested. Diane reported that she received rave reviews regarding Dr. Joe Solanto's articles. Diane future plans include articles on Medical Hypnosis. As well she plans to publish reports from both our president and vice-president in each issue to update members on our Association's progress and issues of interest.

A motion to adopt the Newsletter Editor's Report was moved, seconded and carried.

Mover: Ginger Titchener

Secunder: Faye Huxtable

Technical Director's Report:

Tyler Gjernes reported that there have been no specific updates to our data base. The possibility of a geographic data base is not currently a big priority for our Association therefore this issue was tabled for future discussion.

A motion to adopt the Technical Director's Report was moved, seconded and carried.

Mover: Diane Auld

Secunder: Ginger Titchener

Unfinished Business:

There was no unfinished business:

New Business:

Promotional and Social Networking:

Sheldon reported that the Association will have reached the \$5,000 to \$6,000 mark after our current expenses are paid. He reminded members that the only relationship between the Orca Institute and the IACH is that the IACH recognizes and has approved the Orca Institute. In order to promote the Association for increasing its' membership we have a blog and are on Facebook, LinkedIn and Twitter. Sheldon informed members that he is on the BCACC executive and is currently assisting with the rebuilding of their website. A discussion ensued as to how the IACH can assist its members through it's' web site.

The following motion was moved, seconded and carried:

Sheldon is to investigate and make a proposal, including proposed goals, to the IACH's executive on building a new web site.

Mover: Diane Auld

Secunder: Faye Huxtable

Membership Link:

It was raised that if IACH had a membership link a disclaimer would be necessary. Concerns were raised regarding accidentally endorsing a site that we have no control over. It was proposed that there should be some process for deciding services on the Association's website.

The following motion was moved, seconded and carried:

To strike a Guideline Website Accessibility Committee to produce website guidelines and that Lastenia, Ginger and Faye be appointed to serve on this committee.

Mover: Sheldon Bilsker

Secunder: Tyler Gjernes

It was suggested by Tyler Gjernes that the Newsletter move into the AICH's blog

The following motion was moved, seconded and carried:

That Sheldon Bilsker receives an additional \$25 per month to increase his reimbursement to \$150 per month for expenses incurred executing his duties as the Association's president.

Mover: Diane Auld

Secunder: Ginger Titchener

Election of Officers:

The elections of Officers were held and these are the results:

- Sheldon Bilsker was elected President by acclamation. This is a one year position.
- Tyler Gjernes was elected Vice-president by acclamation. This is a two year position.
- Diane Auld was elected Newsletter Editor by acclamation. This is a two year position.
- Theresa XXX was elected Treasurer by acclamation. This is a two year position.
- Kristina Vandervoort was elected Secretary by acclamation. This is a two year position.

- Tyler Gjernes was elected Technical Director by acclamation. This is a two year position.
- Joanna Komorowska was elected Standards and Ethics director by acclamation. This is a two year position.
- Four Directors at Large were elected for two year terms each, there are:
 - Carol Keane
 - Fae Huxtable
 - Ginger Titchener
 - Lastenia Narvaez

The meeting adjourned at 11:45.

The Annual General Meeting was followed by lunch and a three hour afternoon workshop with Mahmud Nestman, M. Ed., R.C.C.

Mahmud Nestman's workshop featured Trust Oriented Therapy. This extremely interesting educational afternoon highlighted a previously taped session between Mahmud and a client attending the workshop. This was an exceptional learning experience as workshop participants were privileged to have the taped session stopped at intervals and have both the therapist and client answer questions and describe in detail what had actually happened for them personally at those moments of their session. Association members heard first hand why and how the therapist and client had proceeded through this session and the astounding results.

Members in attendance expressed deep gratitude to both Mahmud and his esteemed client for the gift of this great education opportunity.

"Trust in your unconscious totally., not forcing anything. No need to go too quickly... learning as you experience." Mahmud Nestman June 12, 2010

These minutes were recorded and respectfully submitted by:

Kristina Vandervoort,
Secretary, International Association of Counseling Hypnotherapists